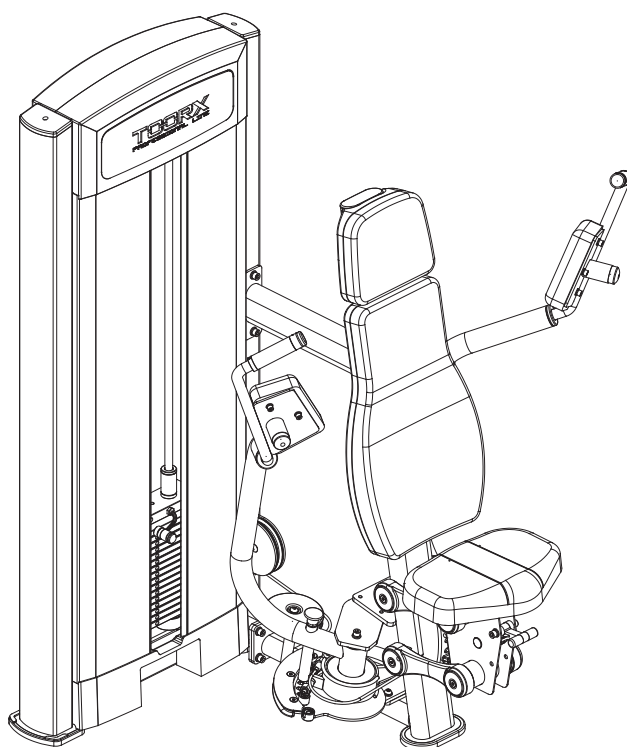


TCORX
PROFESSIONAL LINE

INSTRUCTION



PECTORAL FLY

PLX 6050

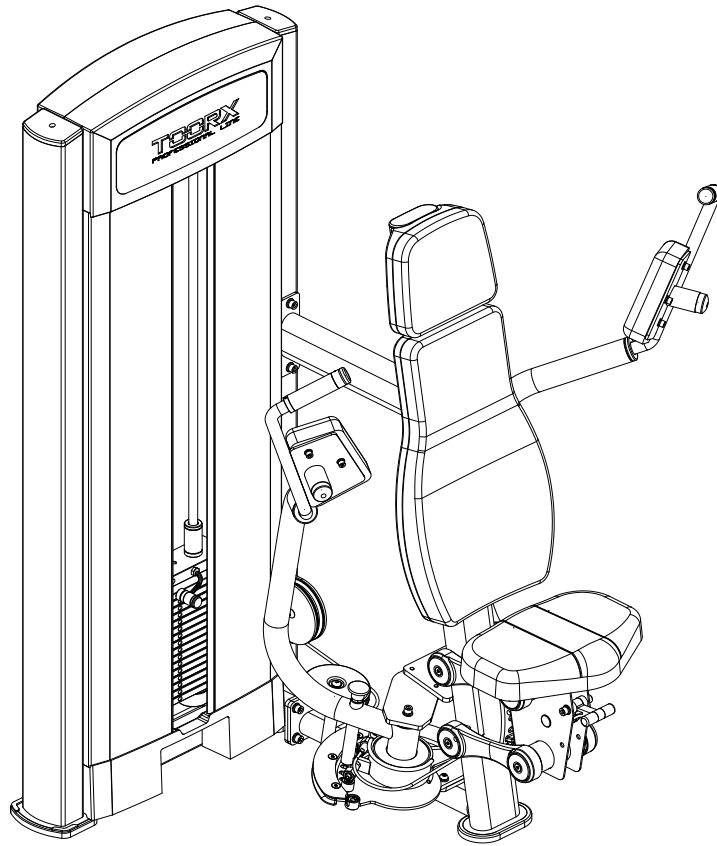


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TOORX
PLX-6050 INSTALLATION MANUAL
Pectoral Butterfly



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Tool

Rubber Bar

Level Ruler

Hex Socket Wrench

Two People

Spring Clamp

Adjustable Wrench

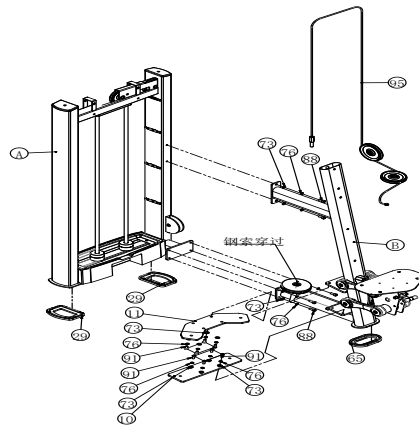
Side Frame Assembling

Assembling Steps:

1. Attach parts #29 to the bottom of component A, and part #65 to the bottom of component B.

Note: Before attaching the fixed components A and B, you need to thread the steel cable through according to its direction, starting from the designated steel cable entry point on the diagram.

2. Use two sets of screws (#88+#76+#73) to secure component B to the side of component A.
3. Use four sets of screws (#88+#76+#73) to secure the bottom of component B to the side of the bottom of component A.
4. Use the four components (#91+#76+#73) to secure component #11 in the designated location on assembly B, as shown in the diagram.
5. Use the four components (#91+#76+#73) to secure component #10 in the designated location on assembly B, as shown in the diagram.

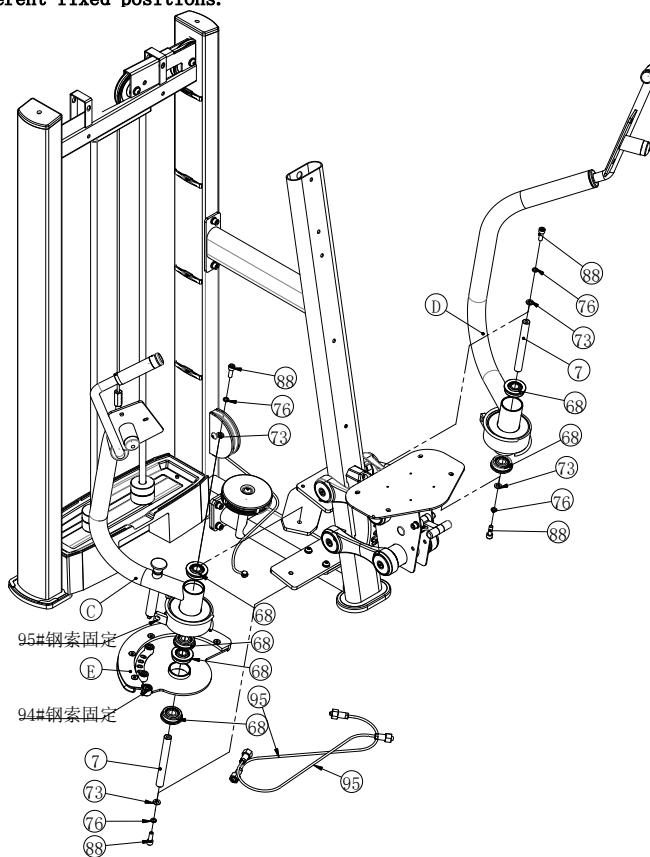


Force Arm Assembling

Assembling Steps:

1. Use two sets of group screws (#88+#76+#73) to assemble components C, E, and four parts #68 and part #7 in the order shown in the diagram and install them at the designated positions on the side frame as depicted.
2. Use two sets of screws (#88+#76+#73) to install component D, parts #68 and #7 in the designated positions on the side frame, as shown in the diagram.

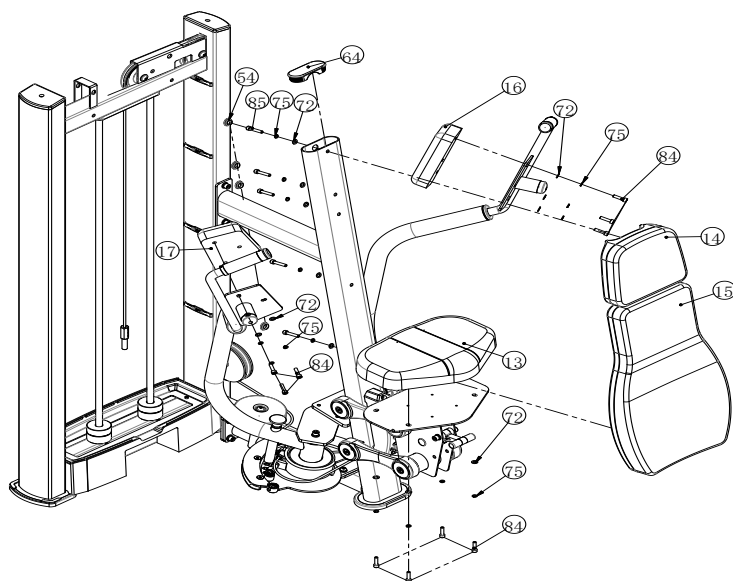
Note: There are two different types of wire ropes, and they are used in different fixed positions.



Seat Assembling

Assembling Steps:

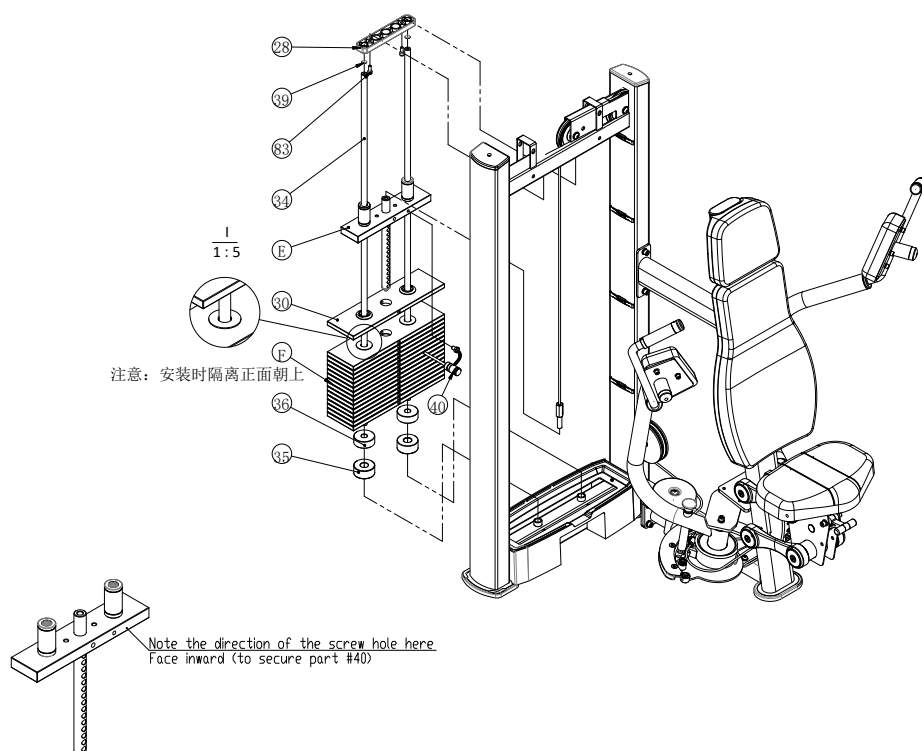
1. Use four sets of screws (#84+#75+#72) to vertically secure part #13 at the location depicted in the diagram.
2. Use five sets of screws (#85+#75+#72) and five pieces of part #54 to horizontally secure parts #14 and #15 onto the side shelf.
3. Use six sets of screws (#84+#75+#72) to securely fasten the two parts #17 at the designated positions on the lever, as shown in the diagram.
4. Install part #64 at the location indicated in the diagram.



Weight Stack Assembling

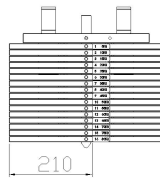
Assembling Steps:

1. Insert #34 into the bottom of the weight stack frame, then place parts #35, #36, component F, component, and part #39 in the order shown in the diagram.
2. Secure component #28 with two screws #83 at the top of the weight stack frame.



Weight Plate Sticker

Assembling Steps:



Weight Stack Sticker size drawing

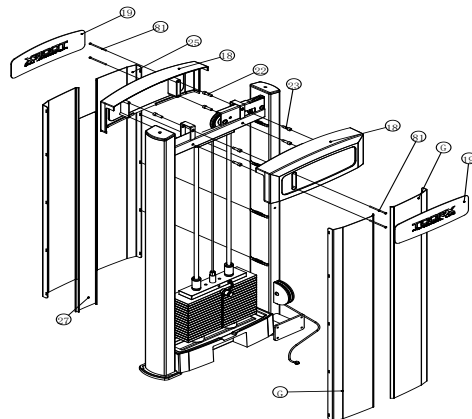
配重铁贴纸位置尺寸图

Shroud Assembling

Assembling Steps:

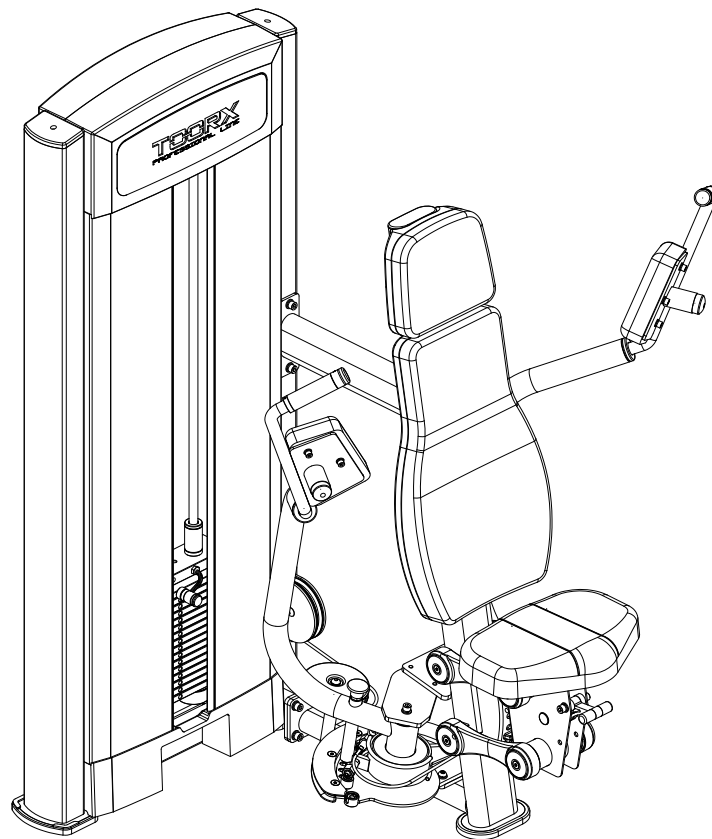
1. Insert and secure the four sets of components (#22+#23) into the corresponding holes on the counterweight frame.
2. Use four screws #81 to secure the two parts #18 at the top of the counterweight frame, and affix the two parts #19.
3. Assemble parts #25 and #27, and install components G in the positions shown in the diagram.

Note: Be sure to distinguish between the front and back sides.

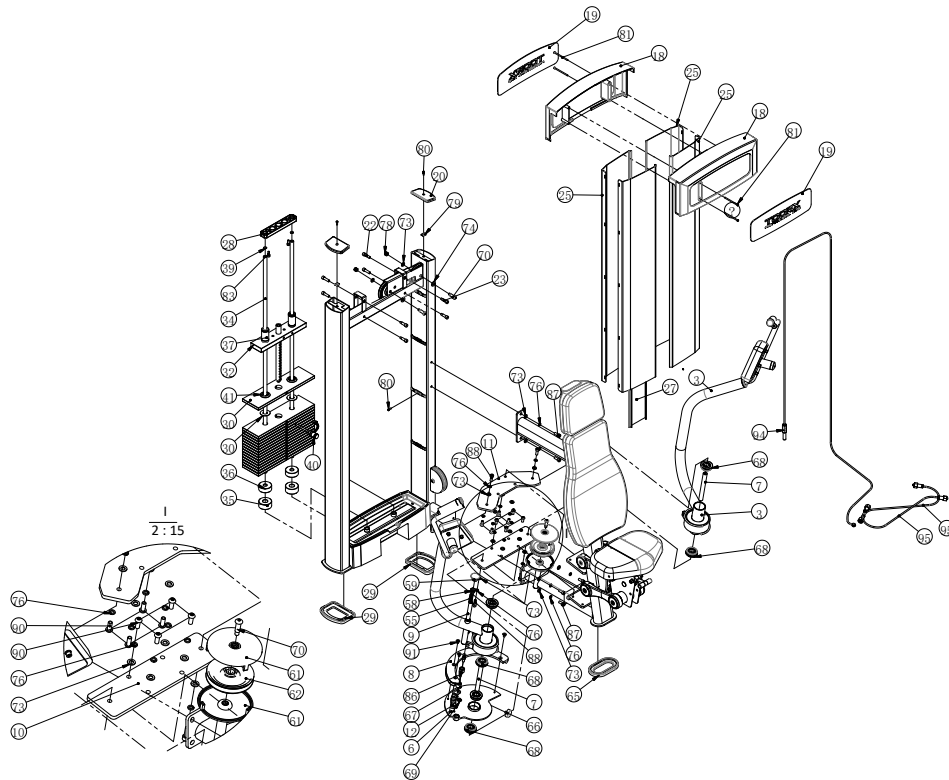


Important Tips

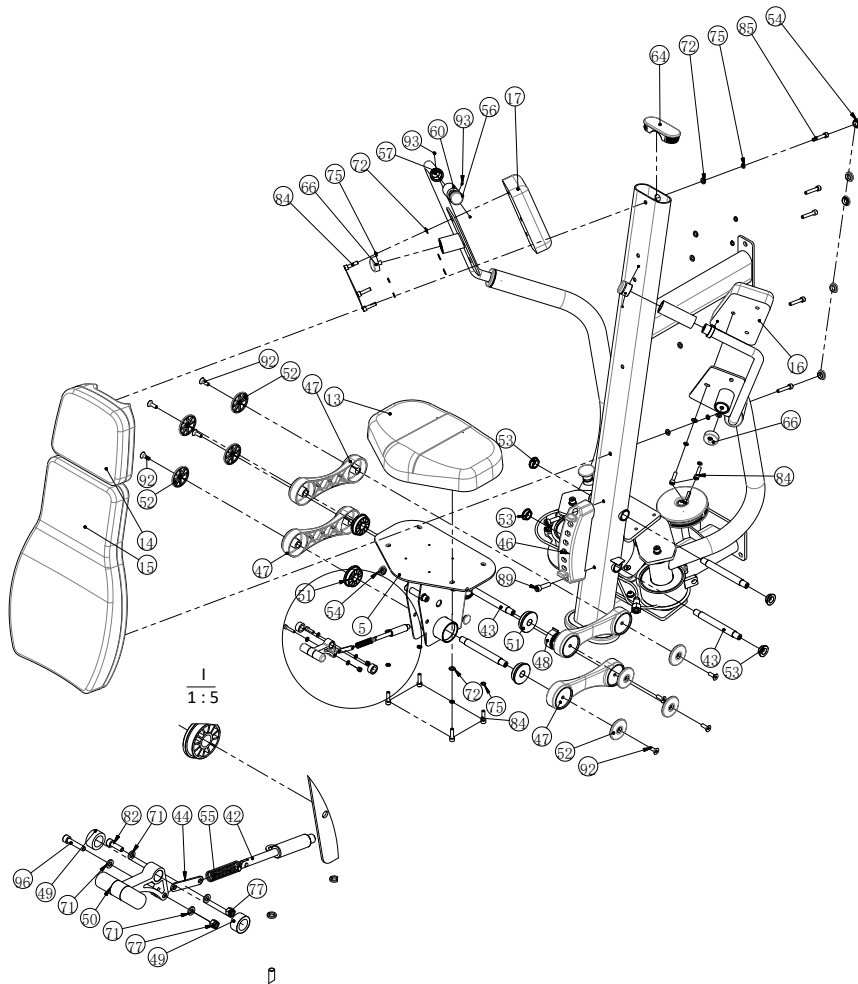
Now that the PLX-6050 is assembled, you will need to take a moment to make sure your unit is level and vertical. Use a level to check that the guide bars are plumb in both directions. If they are not plumb you must loosen



Full Exploded View



Full Exploded View



Accessory List

No.	Name and specification	Quantity
1	Weight Stack Frame	1
2	Side Frame	1
3	Left Force Arm	1
4	Right Force Arm	1
5	80° Seat	1
6	Flange Plate	1
7	Force Arm Rod 1	2
8	Cable Palte	1
9	Pins	1
10	Pressure board2	1
11	Force Arm Pressure board	1
12	J7107Stainless anti-sliding board	1
13	62seat cushion	1
14	61head cushion	1
15	61back cushion	1
16	left elbow pad	1
17	right elbow pad	1
18	61weight stacck upper cover	2
19	TOORX shroud logo plate	2
20	61 weight stack upright tube cap	2
21	61 weight stack bottom base	1
22	61upper shroud bolt sleeve-1	4
23	61upper shroud bolt sleeve-2	4
24	61 weight stack shroud buckle	8
25	61weight stack plate	4
26	weight stack decrative strips	2
27	weight stack decrative plate	1
28	guide rod fixing plate A	1
29	61 weight stack feet pad	2
30	universal weight stack	16
31	weight stack isolation plate	32
32	universal guide block	1
33	weight stack central rod III	1
34	weight stack rod	2
35	universal weight stack rubber block	2
36	62weight stack rubber pad	2
37	universal guiding sleeve	2

Accessory List

No.	Name and specification	QTY
38	GB/T 879.2-2000 Elastic Cylindrical Pin Straight Groove Lightweight 10 x 60	1
39	guide rod upper silicon rubber pad	2
40	Weight Stack Pin	1
41	GB894. 1-86rod used elastic hindering gasket A	2
42	seat pin 18x140	1
43	Seat rod18x171	4
44	seat connecting plate-50	1
45	seat handle rod16x44	1
46	seat adjustable block	1
47	seat pantagraph	4
48	rolling sping	2
49	seat handle	2
50	TOORX seat handle	1
51	adjustable seat sleeve-60x18	4
52	seat pantagraph cap	8
53	adjustable sleeve	4
54	φ20plug	7
55	universal pin spring	2
56	handle cap-35	2
57	handle sleeve position fixed ring-35	2
58	pin sleeve bolt	1
59	universal handle	1
60	universal handle sleeve-Φ25x5x100	2
61	120 line wheel shield	2
62	120 line wheel	3
63	136 line wheel	1
64	back tube cap-50x120	1
65	universal foot pad-50x120	1
66	half round position set ball	3
67	universal position set sleeve	2
68	deep groove bearingYR6004-2RS	6
69	GB893. 1-86 elastic hindering gasket with holes A type	1
70	line wheel rod-32	4
71	GB / T95-2002plat washer C level6x1. 6	4
72	GB / T95-2002 plat washer C level 8x1. 6	15
73	GB / T95-2002 plat washer C level 10x2	24

Accessory List

No.	Name and specification	QTY
74	GB / T95-2002 plat washer C level 12×2. 5	2
75	GB / T93-1987 standard elastic washer 8×2. 1	15
76	GB / T93-1987standard elastic washer10×2. 6	20
77	GB / T889. 1-20001 non-metal Hexagonal Cone End	2
78	GB / T889. 1-20001non-metal Hexagonal Cone End	3
79	fast screwing bukile	2
80	GB / T70. 1-2000Hexagon socket head cap screw	12
81	GB / T70. 1-2000Hexagon socket head cap screw	4
82	GB / T70. 1-2000Hexagon socket head cap screw	1
83	GB / T70. 1-2000Hexagon socket head cap screw	2
84	GB / T70. 1-2000Hexagon socket head cap screw	10
85	GB / T70. 1-2000Hexagon socket head cap screw	5
86	GB / T70. 1-2000Hexagon socket head cap screw	4
87	GB / T70. 1-2000Hexagon socket head cap screw	6
88	GB / T70. 1-2000Hexagon socket head cap screw	4
89	GB / T70. 1-2000Hexagon socket head cap screw	2
90	GB / T70. 2-2000Hexagon socket head cap screw	8
91	GB / T70. 3-2000 hexagon socket countersunk head screwM8×16	5
92	GB / T70. 3-2000 hexagon socket countersunk head	8
93	GB / T78-2000 hexagon socket countersunk head	8
94	6107cable set1	1
95	6107cable set2	2
96	GB / T70. 1-2000Hexagon socket head cap screw	1



GARLANDO SPA

Via Regione Piemonte, 32 - Zona Industriale DI

I 5068 - Pozzolo Formigaro (AL) - Italy

www.toorxprofessional.it

contact@toorxprofessional.it