TOORX
PROFESSIONAL LINE

INSTRUCTION



SEATED LEG CURL

PLX 8850

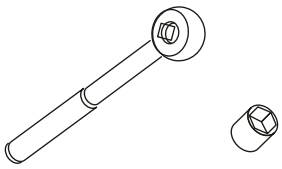
Code : GRLDTOORXPLX8850
Rev: 00
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Instructions

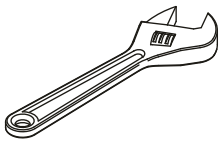
Before beginning assembly please take the time to read instructions thoroughly. Please use the various lists in this manual to make sure that all parts have been included in your shipment. When ordering, use part number and description from the lists. Use only our replacement part when servicing. Failure to do so will void your warranty and could result in personal injury.

The equipment is designed to provide the smoothest, most effective exercise motion possible. After assembly, you should check all functions to ensure correct operation. If you experience problems, first recheck the assembly instructions to locate any possible errors made during assembly. If you are unable to correct the problem, call your authorized dealer. Be sure to have your serial number and this manual when calling. When all parts have been accounted for, continue on.

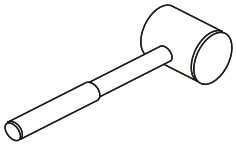
Tools Required



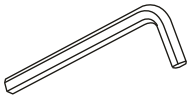
Ratchet Wrench and Socket



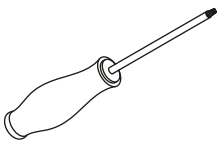
Adjustable Wrench



Rubber Mallet



Hex Key Wrench Set



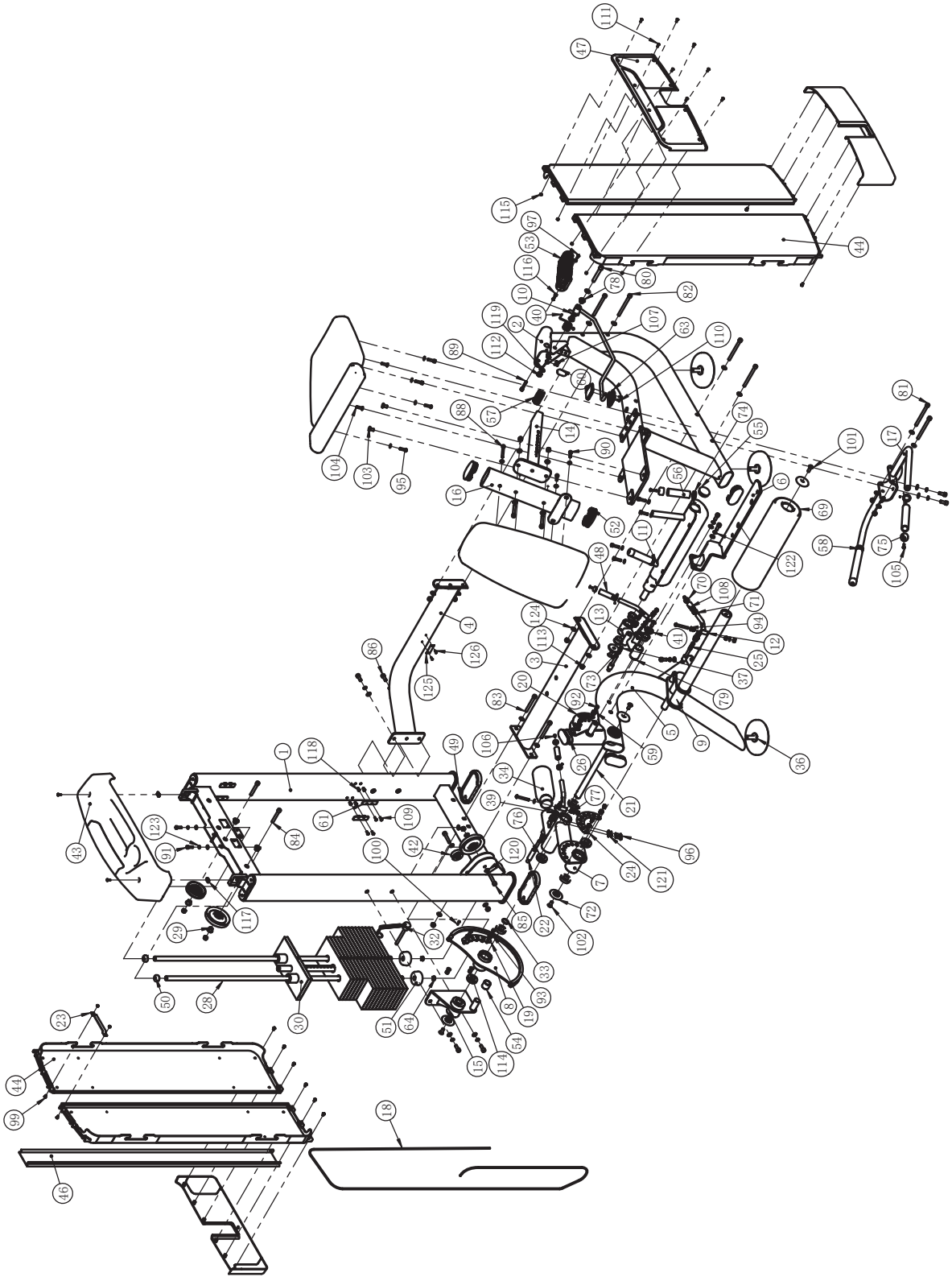
Phillips Screwdriver

Parts List

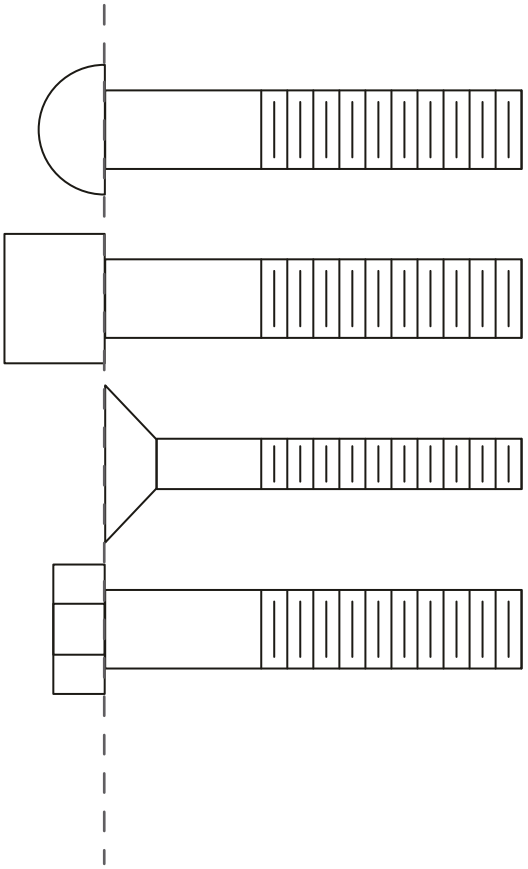
NOTE: SOME OF THESE PARTS MAY COME PRE-INSTALLED.

ITEM NO.	DESCRIPTION	QTY	ITEM NO.	DESCRIPTION	QTY
1	Weight Stack Frame	1	64	Rubber Plug	2
2	Back Pad Frame	1	65	Leg Pressing Pad	1
3	Bottom Cross Brace	1	66	Back Pad	1
4	Rear Cross Brace	1	67	Abdominal Pad	1
5	Shaft Support Frame	1	68	Seat Pad	1
6	Leg Stretching Support Frame	1	69	FOAM	1
7	Swinging Frame	1	70	Aluminium Cap φ16	3
8	Cam Frame	1	71	Aluminum Ring φ16	3
9	FOAM Support	1	72	Aluminum End Cap φ60	4
10	Adjusting Handle Frame	1	73	Shaft End Cover	1
11	Leg Pressing Frame	1	74	Aluminum Ring φ33×φ26.8×9.5	4
12	FOAM Adjusting Handle Frame	3	75	Aluminium Cap φ32×φ25×7	4
13	Leg Pressing Adjusting Frame	1	76	Bearing6005-2Z	6
14	Telescopic Frame	1	77	Bushing φ16×φ8×8	6
15	Front Connecting Frame	1	78	Bushing φ25×φ12.2×13	2
16	Back Pad Frame	1	79	Bushing φ38×φ25.4×18	4
17	Handle Frame	1	80	Socket Head Cap Screw M12×80	1
18	Cable	1	81	Socket Head Cap Screw M10×125	2
19	Liner R130×1.5	1	82	Socket Head Cap Screw M10×120	4
20	Liner R97.5×167.6×1.5	1	83	Socket Head Cap Screw M10×90	2
21	Shaft	1	84	Socket Head Cap Screw M10×70	4
22	Pin φ18.2×135	1	85	Socket Head Cap Screw M10×50	2
23	Connecting Plate	1	86	Socket Head Cap Screw M10×25	10
24	Liner R92.5×R57.5×1.5	1	87	Socket Head Cap Screw M10×15	1
25	Pin φ18.2×95	2	88	Soket Head Cap Screw M8×75	1
26	Plug RT40×80	1	89	Soket Head Cap Screw M8×45	1
27	FOAM Stop Ring	1	90	Soket Head Cap Screw M8×30	8
28	Guid Rod	2	91	Soket Head Cap Screw M8×25	2
29	Spacer Bush	4	92	Soket Head Cap Screw M8×10	4
30	Top Plate	1	93	Soket Head Cap Screw M8×20	2
31	4.5" Pulley	2	94	Button Head Cap Screw M8×60	3
32	Selector Pin W/Coil	1	95	Button Head Cap Screw M8×30	2
33	Separator Ring	1	96	Button Head Cap Screw M8×25	2
34	Counter Balance Weight	1	97	Button Head Cap Screw M6×12	2
35	3.5" Pulley	1	98	Button Head Cap Screw M6×10	12
36	Adjustable Foundation Foot	3	99	Button Head Cap Screw M5×10	2
37	Spring φ1.5×φ13.5×39	3	100	Soket Head Cap Screw M4×15	1
38	Connecting Shackle	3	101	Flat Head Cap Screw M10×30	1
39	Lock Nut M20	3	102	Flat Head Cap Screw M10×25	5
40	Spring φ30×φ3×30	1	103	Flat Head Cap Screw M10×22	2
41	End Cap	1	104	Flat Head Cap Screw M8×30	2
42	Small Guide Wheel	1	105	Flat Head Cap Screw M6×30	4
43	Top Shroud	1	106	Flat Cap Screw M5×10	3
44	Side Shield	4	107	Socket Set Screw M6×16	2
45	Bottom Shroud	2	108	Socket Set Screw M5×3	14
46	Rear buckle strip	1	109	Cross Recess Head Screw M5×15	18
47	Front Cover	1	110	Cross Recess Head Screw M4×10	2
48	Small Handle Sleeve	3	111	Cross Recessed Countersunk Head Screw M5×15	8
49	Foot Cover	2	112	Nylon Lock Nut M12	1
50	Rubber Sleeve	2	113	Nylon Lock Nut M10	14
51	Rubber Bumper	2	114	Nylon Lock Nut M8	5
52	Plug RT50×100	4	115	Nylon Lock Nut M5	10
53	Plastic Tube Guide	2	116	Hex Nut M6	2
54	Limit Position Sleeve	1	117	Reed Nut M5	2
55	Plug φ50	1	118	Flat Head Hex Rivet Nut M5	16
56	Grip	2	119	Flat Washer φ13×φ24×1.5	2
57	Plug □30×70	3	120	Flat Washer φ11×φ20×2	26
58	Long Handle Sleeve	2	121	Flat Washer φ9×φ16×1.6	23
59	Spacer φ17×10.5	6	122	Spring Washer φ10	10
60	Rubber Bumper	1	123	Spring Washer φ8	4
61	Shroud Clip	8	124	Arc Washer φ 10	8
62	Handle Top	1	125	Nameplate	1
63	Handle Bottom	1	126	Rivet	2

Exploded View



Measurement Guide

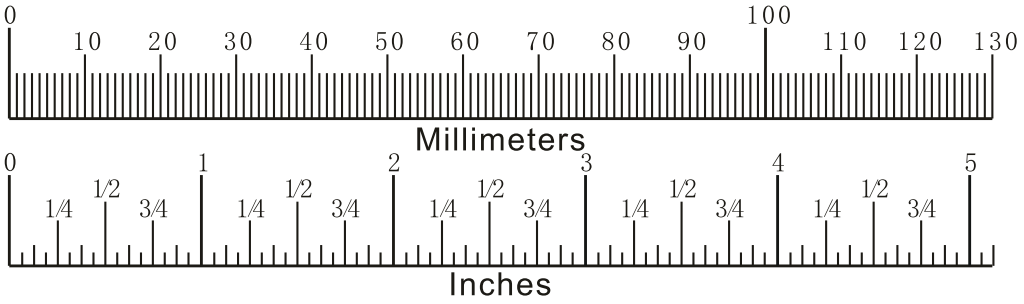


BHCS = Button Head Cap Screw

SHCS = Socket Head Cap Screw

FHCS = Flat Head Cap Screw

HHB = Hex Head Bolt



Assembly Instructions

Assembly of the equipment takes professional installers about 2 hours. If this is the first time you have assembled this type of equipment, plan to spend more time. It is strongly recommended to assemble the equipment by professional installers. You may find it quicker, safer, easier to assemble this equipment with the help of a friend, as some of components may be large, heavy or awkward to handle alone. It is important that you assemble your product in a clean, clear, uncluttered area. This will enable you to move around the product while you are fitting components and reduce the possibility of injury during assembly.

⚠ NOTE

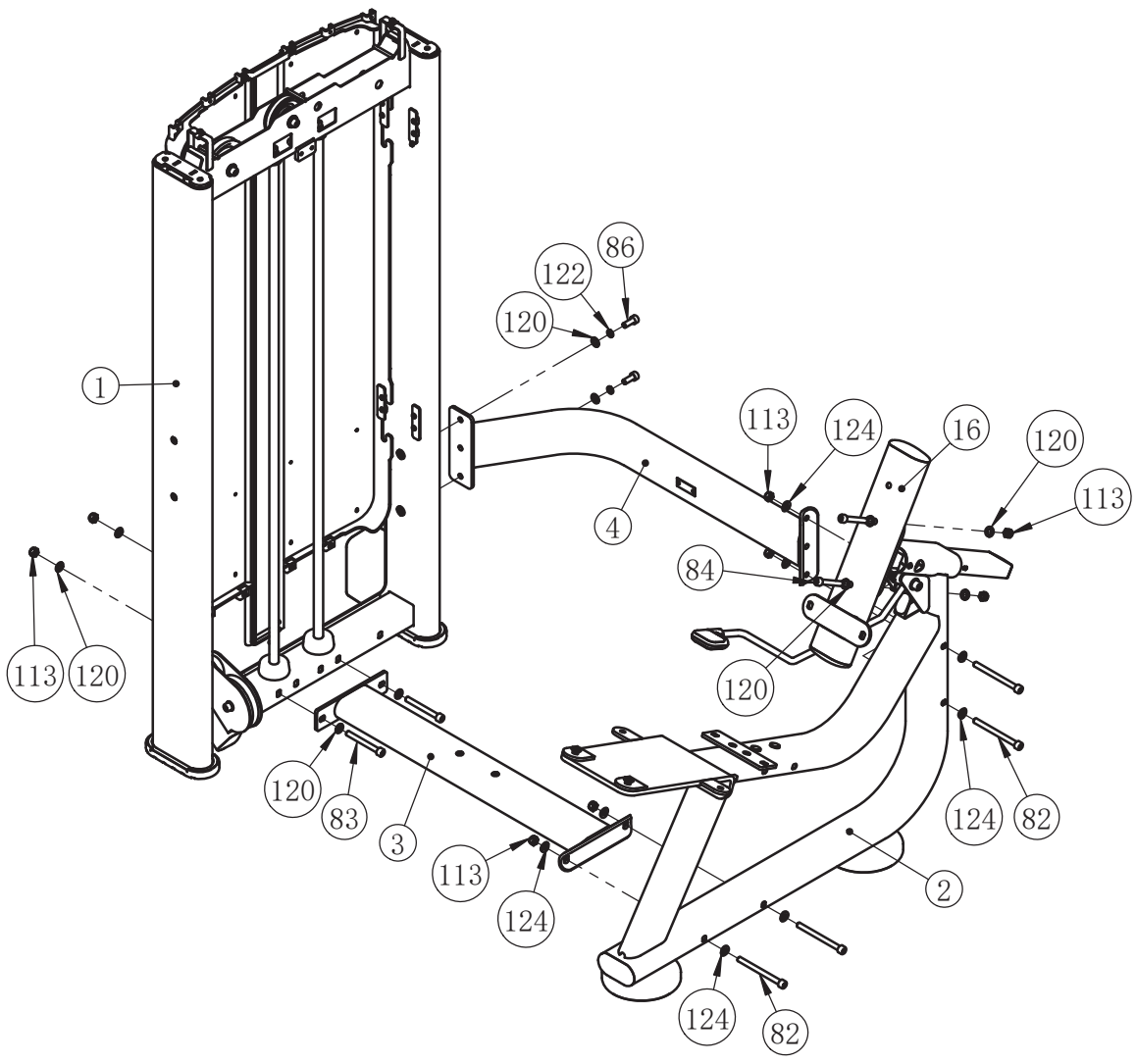
As with any assembled part, proper alignment and adjustment is critical. While tightening the fasteners, be sure to leave room for adjustments. Do not fully tighten the fasteners until instructed to do so. Be careful to assemble the components in the sequence presented in this guide.

Assembly

STEP 1

Note：Hand Tighten Bolts and Nylon Lock Nuts.

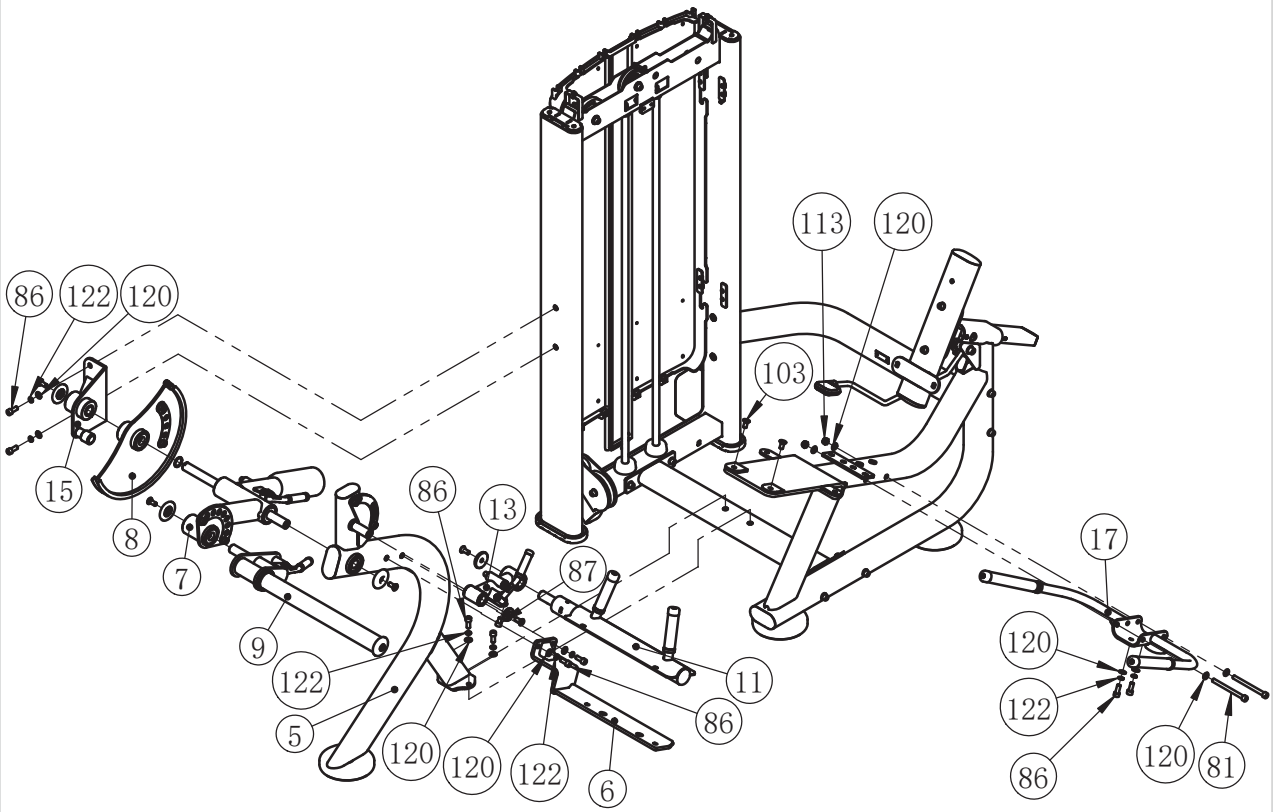
ITEM NO.	DESCRIPTION	QTY	ITEM NO.	DESCRIPTION	QTY
1	Weight Stack Frame	1	84	Socket Head Cap Screw M10×70	2
2	Back Pad Frame	1	86	Socket Head Cap Screw M10×25	2
3	Bottom Cross Brace	1	113	Nylon Lock Nut M10	8
4	Rear Cross Brace	1	120	Flat Washer φ11×φ20×2	10
82	Socket Head Cap Screw M10×120	4	122	Spring Washer φ10	2
83	Socket Head Cap Screw M10×90	2	124	Arc Washer φ 10	8



STEP 2

Note: Hand Tighten Bolts and Nylon Lock Nuts.

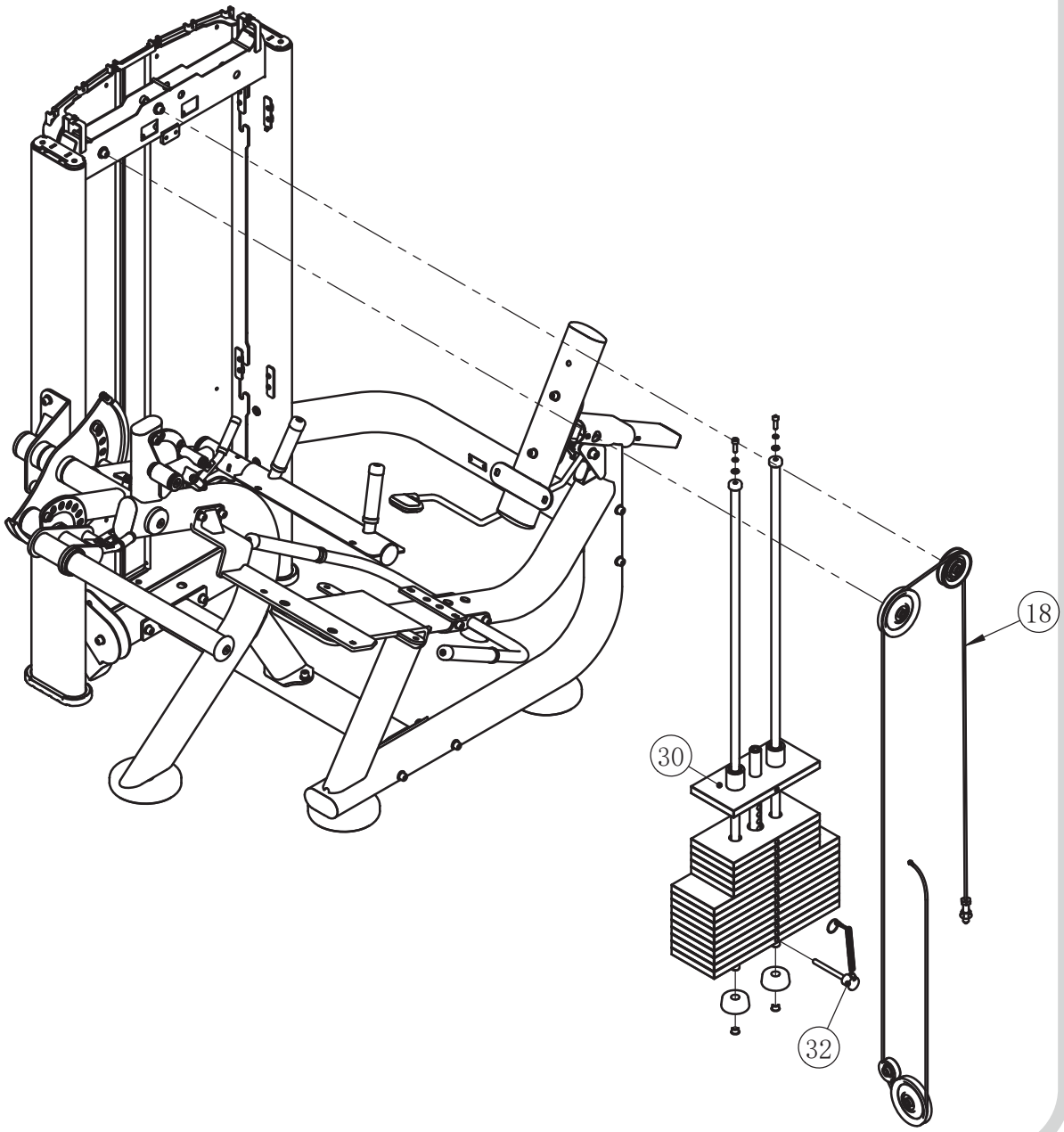
ITEM NO.	DESCRIPTION	QTY	ITEM NO.	DESCRIPTION	QTY
5	Shaft Support Frame	1	17	Handle Frame	1
6	Leg Stretching Support Frame	1	81	Socket Head Cap Screw M10×125	2
7	Swinging Frame	1	86	Socket Head Cap Screw M10×25	8
8	Cam Frame	1	87	Socket Head Cap Screw M10×15	1
9	FOAM Support	1	113	Nylon Lock Nut M10	2
11	Leg Pressing Frame	1	120	Flat Washer φ11×φ20×2	12
13	Leg Pressing Adjusting Frame	1	122	Spring Washer φ10	8
15	Front Connecting Frame	1			



STEP 3

Note: Hand Tighten Bolts and Nylon Lock Nuts.

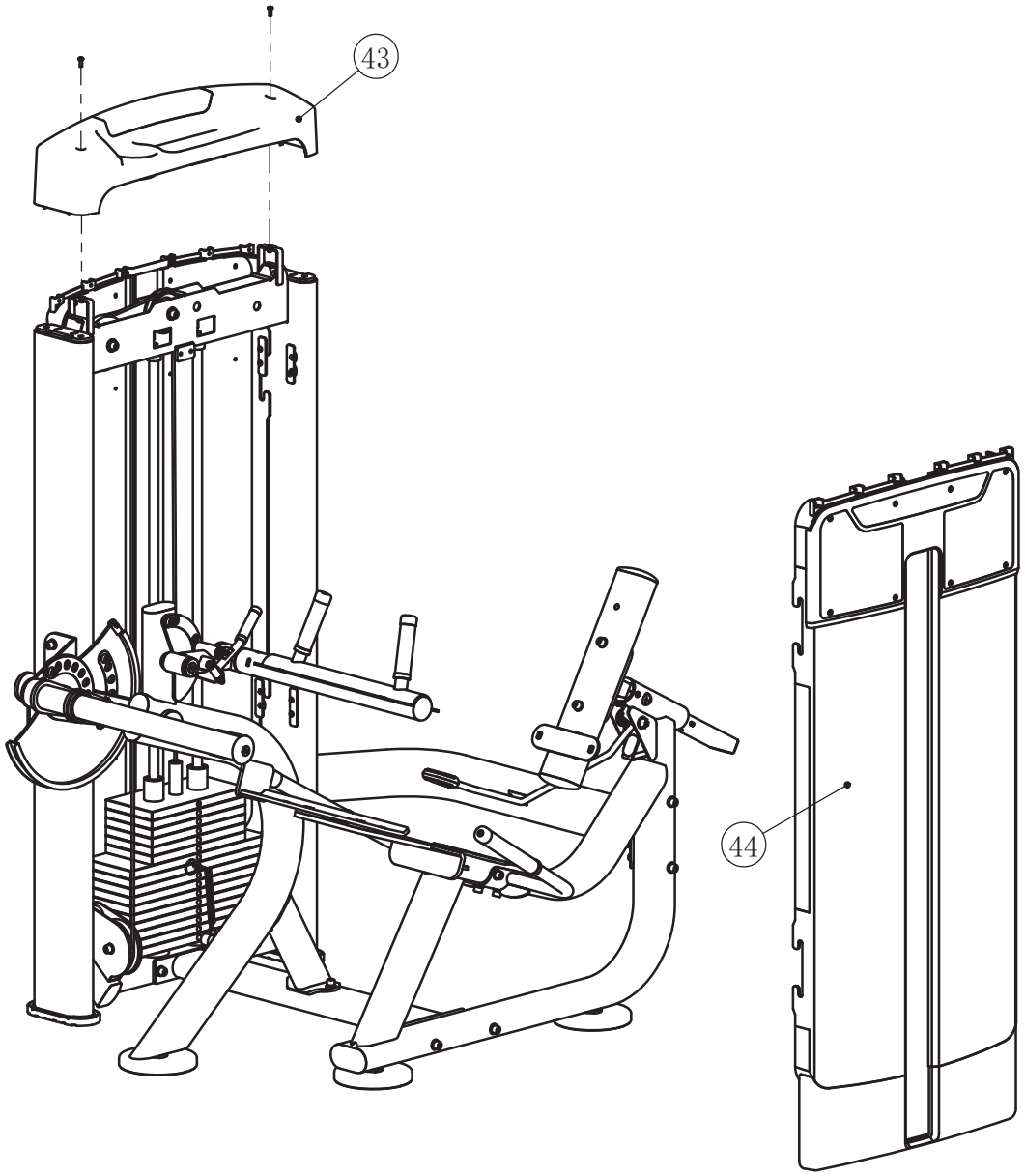
ITEM NO.	DESCRIPTION	QTY
18	Cable	1
30	Top Plate	1
32	Selector Pin W/Coil	1



STEP 4

Note：Wrench Tighten Screws.

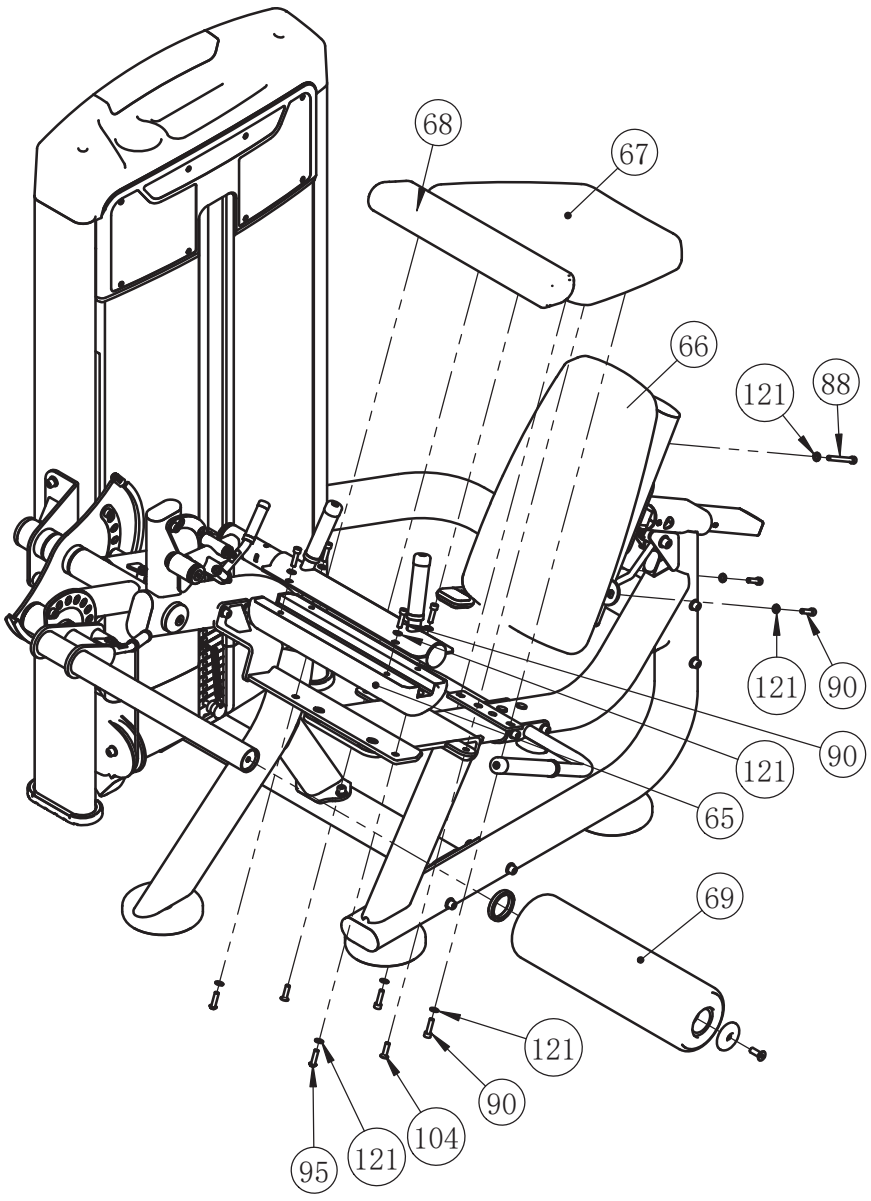
ITEM NO.	DESCRIPTION	QTY
43	Top Shroud	1
44	Side Shield	1



STEP 5

Note: Wrench Tighten Screws.

ITEM NO.	DESCRIPTION	QTY	ITEM NO.	DESCRIPTION	QTY
65	Leg Pressing Pad	1	88	Soket Head Cap Screw M8×75	1
66	Back Pad	1	90	Soket Head Cap Screw M8×30	8
67	Abdominal Pad	1	95	Button Head Cap Screw M8×30	2
68	Seat Pad	1	104	Flat Head Cap Screw M8×30	2
69	FOAM	1	121	Flat Washer φ9×φ16×1.6	11



Garlando

GARLANDO SPA
Via Regione Piemonte, 32 - Zona Industriale D1
15068 - Pozzolo Formigaro (AL) - Italy
www.toorxprofessional.it
contact@toorxprofessional.it