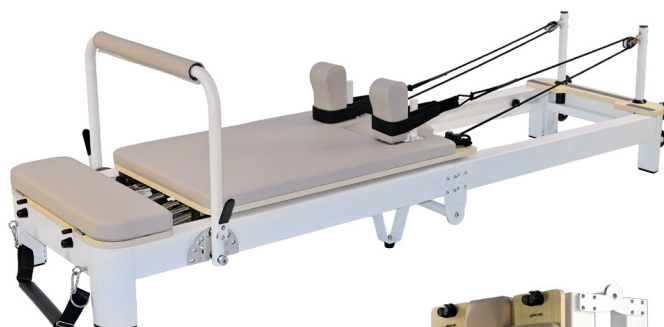


**TCORX**  
PROFESSIONAL LINE

# INSTRUCTION



SPACE SAVER  
PILATES REFORMER

# PTX7000MS

**liveness**



Code: GRLDTOORXPTX7000MS

Rev: 01

Ed: 10/25

## Component:

When you open package, you will find:



No.	Item	Quantity
1	Reformer frame with foot bar	1
2	Box	1
3	Jumpboard	1
6	Shoulder rest with screw knob	2
8	Shoulder rest pillar	2
9	Rope riser with pulley	2
10	Rope riser knob	2

13	Rope	2
14	Foot strap ring	2
15	Foot strap	1
16	Assembly kit tools	1

## **Assembly:**

Warning: the main box for the reformer weights around 78kg so at least two strong people are required to unpack the equipment and correct lifting technique should be used. At all times you are responsible for your own safety and those around you.

Please unpack the equipment in a clear, clean & dry environment on a level floor surface. And follow the steps below to operate”

### **1. Take Out All Parts:**

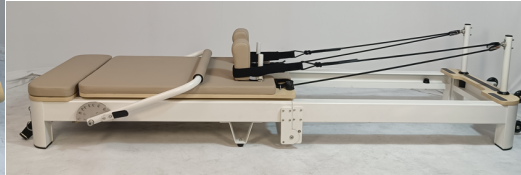
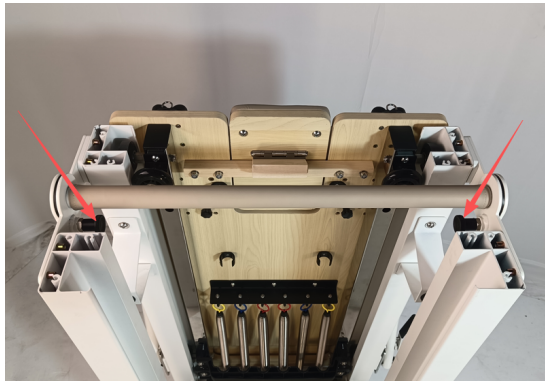
Please take out each product from the wooden box and place them on a flat surface.

### **2. Open folded reformer**

Put folded reformer to stand as picture, then, spin lock knob on both side(as arrow), open the reformer and hold weight on the side without wheels, and put whole reformer to horizontal placement.

Note: it's better to operate by two people, to avoid getting injured.

Change pictures



### 3. Adjust footbar

Adjust footbar to the position which is suitable for your training

Add picture



#### **4. Install shoulder rest:**

Put the shoulder rest into holes on carriage, and assemble turn knobs from the bottom of carriage to fix shoulder rest.



#### **5. Install shoulder pillars**

Rotate pillars and screws them tightly into the corresponding holes.



#### **6. Install Rope Riser:**

Face the side with the pulley towards the carriage, insert the rope riser into reformer slot, rotate knobs to fix riser.



### **7. Assemble Ropes:**

Pass one end of the rope through the pulley on the rope riser, tie it with the rope and the foot strap ring.

Put another end of rope through the ring on the reformer, and press the accessory that fix the rope, then, pass another ring on the reformer, and adjust the length of the rope according to your own situation to the optimal usage length.



### **8. Install foot strap:**

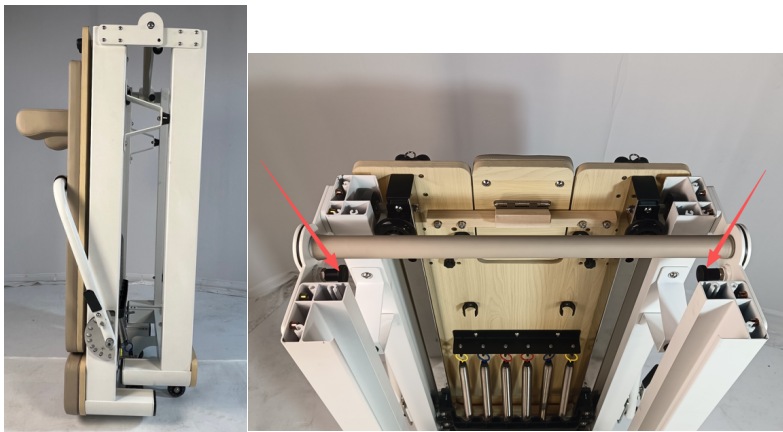
Attach the foot straps to the hooks and hang them on the ring at the top of reformer.



## 9. Fold reformer:

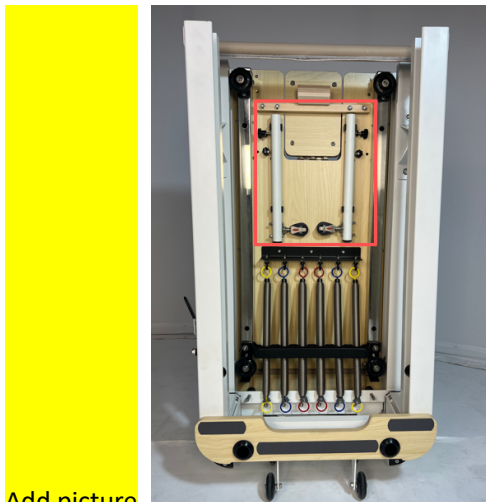
After folding reformer, you must spin lock knob on both side(as arrow) to avoid frame moving.

Picture change



## 10. Disassemble riser

Disassemble riser and put it at the holder at the bottom of carriage.



Add picture



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